Mentorship Agreement

Mentor: Mentee:

Lynn Luebben

Date mentorship initiated:

Supervising QM Name:

Agreements by Mentee:

* Pay Mentor $ per month for her service.
* Connect with my mentor at least once per week by telephone.
* Allow sufficient time for mentor to review documentation, case study and other homework.
* Develop an ongoing list of topics to discuss with mentor based on personal needs and questions.
* Do two distant sessions for mentor over the period of time we will be working together.. I will also work with a proxy in my area who mentor will be in touch with to see how I progress.
* Videotape one session with me working on a client to be reviewed by Mentor. May also be a zoom meeting observed by Mentor.
* Complete the following homework tasks in this timeframe in order to fulfill Level 5 requirements for the December 5-8 class in Asheville, NC:

o Professional notebook compiled by **October 1.**

o 6 documented sessions (using form #930) by **October 1.**

* 1 self-care modality reflection by **October 1.**
* Case study sessions completed by **October 4.**
* Write-up for case study by **October 15.**
* 3 book reflections by **October 15.**
* 12 more documented sessions (using form #930) by **November 1.**

o 2 self-care modality reflections by **November 1.**

* 5 intake forms (using form #902) by **November 15.**
* 2 more book reflections by **November 15.**
* 1 more self-care modality reflection by **November 20.**
* 1 mentoring reflection by **November 20.**
* 7 more documented sessions (using form #930) by **December 1.**
* Final book reflection by **December 1.**

Agreements by Mentor:

* To affirm mentee's goals through a successful Healing Touch mentorship experience and by encouraging adherence to the timeline above.
* To hold in the light mentee's vision for personal and professional growth as a Healing Touch Practitioner.
* To answer mentee's phone/email messages and address questions in a timely manner. Mentor/Mentee contacts to include discussions of the following:
* Review how you are progressing toward the accomplishment of your goals
* Discuss cases you are working on
* Discuss what you are presently reading
* Answer questions regarding specific clients and/or techniques
* Help you to sequence techniques
* Discuss theory of HT and 10 Step Basic Healing Touch Sequence
* Evaluate your plan for self-care and how you are caring for yourself
* Discuss professionalism
* Discuss scope of practice
* Cover Code of Ethics, including informed consent.
* Review all course work
* Discuss which techniques fit particular issues
* Help you to have measurable goals on documentation of cases
* Ethical issues encountered in Healing Touch
* Development of HT practice with mentor as role model and advisor
* Questions regarding certification with feedback and suggestions by mentor Personal/Professional Goals of Mentee:
* To successfully complete homework for approval at HT Level 5 class
* To continue development of energetic assessment skills
* To increase trust in guidance while performing HT
* To practice and enhance HT skills learned in Levels 1-3
* To gain exposure to advanced energetic skills when able (via mentors, colleagues)
* To increase cognitive and experiential awareness of energy work principles
* To develop ease and comfort in public promotion of HT
* To increase use of referral sources of complimentary modalities in this geographic area
* To engage in self-care activities including daily meditation, frequent journaling/dreamwork, regular self-balancing with HT, monthly energetic exchanges

Signed(Mentee) Date

Signed \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ (Mentor) Date \_